

# Interpreter

A Publication of  
 Sugarloaf Interpretive Center Association  
 9096 Highway 61, PO Box 63  
 Schroeder, MN 55613 218.740.2755

Time to gather around the kettle again...



*Live music, good food and great conversation at the 2003 Sugarloaf fish boil.*



*Jack and Genea Pichotta say they'll be back this year to oversee the fish boil.*

Mark your calendars for Saturday, August 21 and Sugarloaf Interpretive Center Association's Annual Meeting, featuring our traditional North Shore fish boil at Sugarloaf Cove. You can join an interpretive hike around our trail, get updated on the latest news from the Association, and enjoy a delicious meal topped off by strawberry shortcake.

## SICA ANNUAL MEETING 2004 AUGUST 21, 2004

### SCHEDULE OF EVENTS

10:00  
 SICA BOARD BUSINESS MEETING

2:00 AND 3:00  
 INTERPRETIVE HIKES

4:00  
 ANNUAL MEETING OF THE MEMBERSHIP  
 REVIEW OF THE YEAR  
 ELECT BOARD MEMBERS

5:00  
 FISH BOIL DINNER  
 LIVE MUSIC

*SICA's VISION is a healthy Minnesota North Shore of Lake Superior where an informed citizenry takes personal and group responsibility to ensure that natural and ecological systems and human economic and social systems coexist in a fashion sustainable into the future.*



## Save the North Shore...One native plant at a time

HELP RESTORE SUGARLOAF COVE...PLANT A NATIVE TREE OR FLOWER IN YOUR NAME.

Did you receive a letter about our spring planting fundraiser? We need help buying the native trees and native wildflowers for our summer intern to plant. If you received the packet, please send it in with your donation. If you didn't receive one, you can still sign up. Thanks to Sally Rauschenfels for helping with the fundraising letter.

### FORESTER \$95

*One native conifer planted and protected, with your name (or the name of someone else you wish to honor) on it.*

### GARDENER \$45

*One planting of multiple native wildflowers planted and tended, with your name on a new plaque in the Sugarloaf Cove interpretive center.*

### PLANTER \$20

*One native wildflower planted and tended, with your name on the plaque.*

All donors will receive a packet of native wildflower seeds.

# Meet the natives!

Some people say you have to live on the North Shore for at least thirty years before you're considered a "native." At Sugarloaf, natives have been around much longer than that...at least our native plants.

As we work to restore Sugarloaf Cove, here are some of the native trees we will be bringing back to the site this summer:

## WHITE PINE

Although considered the classic native tree of northeastern Minnesota, the white pine was actually less common in the northeastern part of the North Shore (past Little Marais) than it was in the southwestern. Still, Sugarloaf should have at least a few of them. Survival is tough because of deer browse and the potential for white pine blister rust.



## WHITE CEDAR

AKA arborvitae. Another favorite of the deer, white cedar is a classic North Shore tree. The famous Spirit Little Cedar Tree in Grand Portage is an ancient white cedar. Sugarloaf Point in our Scientific and Natural Area has a wonderful old grove of them.



## WHITE AND BLACK SPRUCE

Tough to tell apart in marginal conditions, white and black spruce are part of the vast boreal forest that comes down towards the North Shore from northern Ontario and Hudson Bay. Unlike pine and cedar, spruce seedlings are generally safe from deer browse.



We'll also be planting native wildflowers. Although the particular varieties we'll plant will depend on availability, here are some species on our "short list" (pardon the pun).

## BUNCHBERRY

As we thin out the red pine plantations and let in natural light, we'll plant native wildflowers such as the bunchberry, also known as Canadian dogwood. These flowers need the acidic pine needle soil to thrive.

## WILD SARSAPARILLA

Ah, root beer in the shady pines! Wild sarsaparilla is another flower common to pine woods. And its root could be used for flavoring, if only our management policies allowed harvesting, which they do not.

## ASTERS

In late summer, asters send up their long stalks from the forest floor, where they have been saving up energy all summer long for their glorious blooms. One species, large-leaved aster, is also known as "lumberjack's toilet paper," for obvious reasons.



*Lots to do this summer with native plants at Sugarloaf.*

## Greetings from our summer intern

Hello, my name is Christina Bellert, and I will be working this summer at Sugarloaf Cove. I am a Biology undergraduate student at the University of Minnesota in Duluth. I enjoy all aspects of biology, although my strongest interest lies in plants. After completion of my degree, I would like to work in restoration and conservation of native plant communities.

As soon as the soil is warm enough to work, I am out in my gardens. These gardens include vegetables, mixed flowers, herbs and my current project of replacing one of the front gardens with native plants. I germinate most of my vegetable, herb, and some flower plants from seed. In the future, I would like to experiment with propagation of native plants.

I am very excited to be part of the restoration efforts at Sugarloaf Cove. I am eager to broaden my knowledge of native plants and ecological restoration. Developing a native plant restoration plan and carrying it out is a challenge I look forward to working on this summer.

# Sugarloaf this summer

Once again, Sugarloaf Cove will be a busy hub of activity this summer.

You can still enjoy a nice quiet spot at the Cove, of course. A really busy day on the interpretive trail is one group every half-hour or so. But we're doing more and more to enhance the Cove through restoration and interpretation. Please drop by and see!

## Goods in the woods

While you're on the trail, look for our native plant restoration projects. You'll notice more wire fencing all around the site, as we move our native planting work into the young Sugarloaf forests. North Shore deer are voracious feeders on young conifers, and the fences help the seedlings survive.

## Now open

We're planning to be open every weekend from 10:00 to 3:00 and also most weekdays except Monday. If you want, you can spend a whole day at the site as a volunteer site host! Site hosts are still needed for the following weekends:

June 18 and 19  
July 17 and 18  
July 24 and 25  
August 14 and 15



## New "cozy corner"

Yes it does rain on the North Shore, and when it does you can still come to the Cove. Hang out in our cozy corner, read from our growing selection of North Shore literature, talk with site manager Pam McDougall or a volunteer site host and enjoy the view. We're working on a computer slide show of scenes from the Cove. Thanks to Sally Rauschenfels for the donation of an area rug, to Jim and Carol Tveekrem for the donation of a storage box, to Terry Hukriede for a computer monitor and to Pam McDougall for a computer chair.

## A series of Saturdays

Our popular "Second Saturday" programs continue through the summer. On June 12, join executive director Andrew Slade for a spring wildflower walk. On July 10, local historian Todd Lindahl will share slides and stories about North Shore logging. On August 14, our intern Christina Bellert will show off her summer restoration work.

## Diving in

Two different groups will be diving in Sugarloaf Cove this summer to help assess the condition of the underwater environment. Are there, as rumored, copper pots, logging chains or the stern of a tugboat down there? Drop by on July 31 to find out! If you'd like to help, contact Andrew at the SICA office in Duluth.

## Sugarloaf Board 2003-2004

<b>Richard Slade</b> , Mpls/Little Marais	President
<b>Jim Mullin</b> , Mpls/Little Marais	1st VP/Pres.Elect
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## SICA ACTIVITIES

JUNE 12

**Second Saturday at Sugarloaf**  
Spring wildflowers

JUNE 12 - 13

**North Shore Naturalist Workshop**  
Waterfalls of the North Shore

JULY 10

**Second Saturday at Sugarloaf**  
North Shore logging history

JULY 10 - 11

**North Shore Naturalist Workshop**  
What's That Rock?

JULY 24 - 25

**North Shore Naturalist Workshop**  
Tour Sleeping Giant and Ouimet Canyon

AUGUST 14

**Second Saturday at Sugarloaf**  
Native plant restoration

AUGUST 21

**Annual meeting and traditional fishboil**

*All Second Saturday programs start at 10 am at the Sugarloaf Cove Interpretive Center.*

Address Correction Requested

*The Sugarloaf Interpreter is published quarterly by Sugarloaf Interpretive Center Association. Subscription is a benefit of membership. Single copies available on request. Submissions welcome. Send to sugarloaf@lakenet.com. Designer: Wendy Strombeck.*

*Annual memberships are tax deductible. Please make checks payable to Sugarloaf Interpretive Center Association, and mail to the SICA office at 1040 Minnesota Avenue, Duluth, MN 55802. SICA is an educational, non-profit 501(c)(3) Minnesota Corporation.*

**membership**  
APPLICATION

Please enroll me as a member of the Sugarloaf Interpretive Center Association in the category I have indicated.

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

E-MAIL

### MEMBERSHIP CATEGORIES

- \$ 25 Contributing
- \$ 50 Supporting
- \$ 100 Sustaining
- \$ 500 Patron
- \$ 1000 Benefactor
- \$ \_\_\_\_\_ Other

New     Renew

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THANK YOU!