

THE SUGARLOAF

Interpreter



You are invited to Sugarloaf's
North Shore
Evening *in Minneapolis*

See page 2 inside

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SUGARLOAF COVE:

9096 Highway 61

Schroeder, MN 55613

(not a mailing address)

218-663-7679

MISSION STATEMENT

Sugarloaf: The North Shore Stewardship Association strives to inspire the preservation and restoration of the North Shore's unique environment through education and exemplary stewardship, especially at Sugarloaf Cove.

NEW VISION

Sugarloaf values and believes in a healthy Minnesota North Shore of Lake Superior where an informed citizenry takes personal and group responsibility to ensure that natural and ecological systems and human economic and social systems coexist in a fashion sustainable into the future.

North Shore Evening in Minneapolis!

You are invited to an evening of fun and friends at Sugarloaf's annual North Shore Evening in Minneapolis on Sunday, October 28, 4 pm – 7 pm.

This is Sugarloaf's largest and finest annual fundraising event. All money raised will support our mission to *preserve Sugarloaf Cove, connect people with nature, and inspire environmental stewardship of the North Shore.*



This event will take place at the beautiful Pillsbury A-Mill Artist Lofts on historic Main Street in Minneapolis - 315 SE Main St, Minneapolis, MN 55414

Speaker: Grant J. Merritt

This year we are excited to have author Grant J. Merritt as our speaker. Grant is the author of *Iron and Water*

– a book about his life's work on behalf of Minnesota's people and environment. He will reveal how individuals can change the world while chronicling the discovery of vast iron deposits on the Mesabi Range and the fight to save Lake Superior and Minnesota's natural riches.

Dinner includes lasagna, salad, bread & butter, desserts, and refreshments.

You can get a head start on your holiday shopping at our silent auction. Auction items include gift certificates, art, and other unique North Shore related items.

TICKETS: \$50 for members; \$55 for non-members; \$60 at the door. Tickets are available on our website or by calling Molly at 218-525-0001.

We hope to see you there!

Give to the Max Day

THURSDAY, NOVEMBER 15, 2018 • ALL DAY!

Give to the Max is celebrating it's 10th Anniversary and Sugarloaf is part of the celebration. This year, your donation has a chance to earn Sugarloaf \$500 or even \$10,000 more through their special drawings. To celebrate the tenth year of Give to the Max Day, there will be a drawing for \$500 every 10 minutes. There will also

be hourly drawings for \$1000.

Visit GiveMN.org and search for Sugarloaf to make your donation.

Thank you!



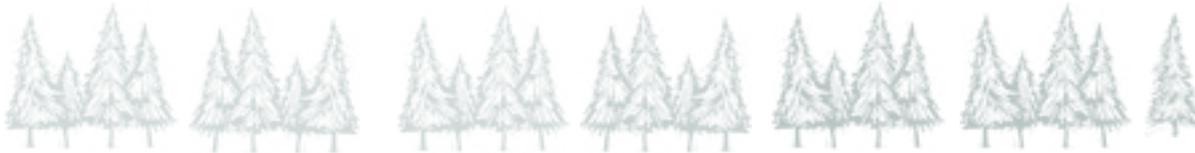
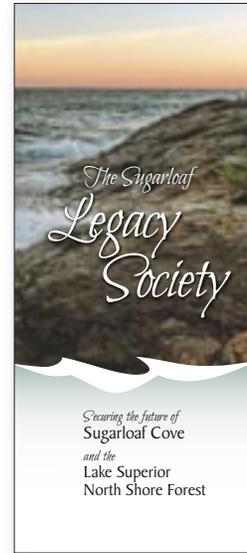
Protect & Preserve Sugarloaf Cove into the Future

Sugarloaf Cove was formed over millions of years in a cataclysm of volcanic and tectonic forces we can only begin to imagine. This remarkable place – rock and water and forest landscape - is today rooted in its Precambrian era beginnings. The rock erodes, forest evolves, the shoreline moves with the forces of time and water – but the Cove remains true to its birth. There is the permanence to this place over the millennia since its beginnings – a globally unique ecological setting on the North Shore of Lake Superior.

This fall we are celebrating the **first anniversary of the Sugarloaf Legacy Society**. The society creates a special opportunity for people who care about the Cove and the North Shore landscape and who

want to see it protected and preserved. An estate gift is a special commitment to the long-term future of this unique place. Please consider a gift for Sugarloaf in your estate.

If you have immediate questions, or would like more information, please contact Executive Director Molly Thompson (218.525.0001), or Mike Monten (612.750.6868). Thank you for supporting Sugarloaf today and in the future.



25 trees in 2017 and 2018 UPDATE

During 2017 and 2018, Sugarloaf offered to plant 25 trees at Sugarloaf Cove for a donation of \$100 per tree. During 2017, eight trees were planted. The final 17 trees were to be planted on October 7 of this year by volunteers lead by John Bathke, board VP.

A commemorative plaque will be displayed at the nature center.

Tree donors are:

- **Warren and Carol Banks** in memory of Virginia Lee Banks
- **Richard Casement**
- **Barbara and Bill Gabler** in memory of Jim Husman
- **Barbara and Bill Gabler** in honor of Barbara Gabler
- **Susan Gagne** in memory of Irene Willey
- **Jeff Gniffke**
- **John and Patricia Hasse** in memory of Doug, Merna & Mark McCulley
- **Wayne and Nora Hornicek**
- **Robert and Marilyn Ilstrup** in memory of Rick Ilstrup
- **Cindy and Joe Marso**

- **Perry McGowan** in memory of Stephanie Irene Jaeb Maxam
- **Anne McKinsey**
- **Rosanne and Michael Monten**
- **Vicki and Michael Neus**
- **Phillip and Cecile Sogge**
- **Roberta Steinhart** in honor of David and Roberta Swanson
- **Wendy Strombeck** in memory of Andreyra Leuer
- **M.K. Volk**
- **Melissa Williams** in memory of James R. Evenson
- **Anonymous** - In memory of Marion Calph

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An Afternoon of Memories at Annual Meeting

By Karen Dingle, Board Secretary

Sugarloaf: the North Shore Association's annual meeting and ice cream social was held at Sugarloaf Cove Nature Center on August 11.

Russ Baker, board president, called the meeting to order at 1:00 pm. Minutes of the August 12, 2017 Annual Meeting were read and approved.

Mike Monten introduced the candidates for new Board membership: Ari Fuad, Susan Fuad and Nancy Simpson are well qualified and will bring new skills to our Board. (See page 7 for an introduction to each of these new directors).



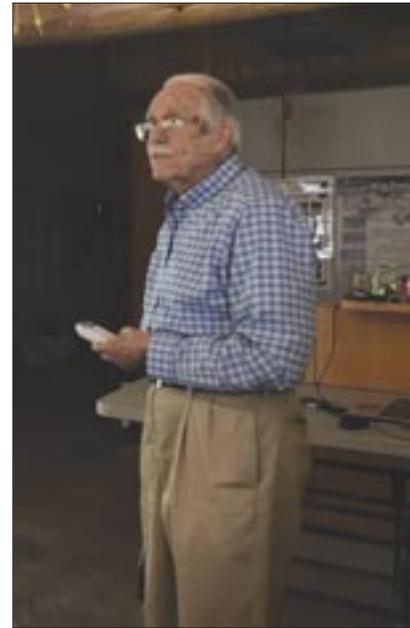
Jan Green

We will miss the contributions of Mike Monten and Allison Eklund who have both served on the Board for a number of years. A motion was made to approve the three candidates and approved by the membership.

Molly Thompson, Sugarloaf Executive Director, and Russ Baker presented a slide show with an overview of Sugarloaf programs and public education, especially during the last year. Additionally, Russ discussed exterior and interior

improvements made to the Nature Center.

The annual meeting adjourned for people to gather for the Ice Cream Social and then to watch an excellent program by Jan and John Green about the history of Sugarloaf Cove. John and Jan spoke about Elmer L. Andersen's efforts to preserve the unique geological and historic characteristics of this specific location through the founding of the tax-exempt Sugarloaf



John Green

Interpretive Center Association (SICA), with part of the grounds a Scientific and Natural Area (SNA) administered by the DNR.

Jan and John finished their well-researched presentation by bringing us up to the present since SICA became Sugarloaf: The North Shore Stewardship Association, with a continuing mission to work with our neighbors, residents and visitors to restore the North Shore.

Local Businesses Support Sugarloaf

Thank you to the following businesses for their support of Sugarloaf during 2018:

AmericInn Tofte, Tofte, MN; 218-663-7899; americinn.com

Bluefin Bay Family of Resorts, Tofte, MN; 1-800-BLUEFIN (258-3346); bluefinbay.com

IComp Payroll Services, St. Paul, MN; 651-429-4260; icomppayroll.com

Lamb's Resort on Lake Superior, Schroeder, MN; 218-663-7292; lambsresort.com

Lutsen Resort on Lake Superior, Lutsen, MN; 800-258-8736, 218-206-8157; lutsenresort.com

North Shore Federal Credit Union, Silver Bay, MN; 218-226-4401; northshorefcu.org

North Shore Winery, Lutsen, MN; 218-481-9280; northshorewinery.us

Temperance Liquors, Inc., Schroeder, MN; 218-663-0111; northshorecabins.com

Thank You

Cove Updates

Gift Shop Updated

If you visited the nature center this summer, you probably noticed our “new” gift shop. In the past, many visitors mistook our display of books for sale as a library instead of a gift shop. To clear this up, we installed rolling slat-wall displays that provide for a more gift shop atmosphere. In addition to our regular selection of North Shore nature related books, we added new t-shirts, jewelry, solar toys, stuffed animals and more. All proceeds from sales go directly to Sugarloaf and help support our nature education programs and the maintenance of the trails. If you purchased an item this summer – Thank You!



Sugarloaf's "new" gift shop

Summer Solstice Party

by Missy Carbonneau, board member

The summer solstice is a magical time on the shore. Flowers are beginning to bloom; the sun is warm, and the nights are cool. What better reason to celebrate!

The annual summer solstice party held on June 16 at the Sugarloaf nature center was a great success. We enjoyed great food, conversation and to top it off, it was also educational. This year's theme was a Scandinavian banquet. The nature center was transformed into a rustic dinner scene right out of a Swedish magazine. Flowers adorned the table and guests crafted flower crowns for their hair. Glowing lanterns hung inside and out, and a May pole adorned the porch.



*Guests enjoy great food and friends at the Annual Solstice Party.
Photo by Julie Magney*

Twenty-three guests and 8 hosts enjoyed a menu right out of an Ikea cookbook. Food included traditional rye bread, cheese, gravlax, Swedish ham, Swedish meatballs, smoked salmon, spring asparagus in lemon sauce, green salad, deviled eggs, and a Smörgåstårta—a Swedish Sandwich cake. A decadent dessert table included a Swedish sticky chocolate cake decorated with powdered sugar, resembling a delicate lace pattern.

Once dinner was complete, and an aperitif of aquavit was passed, we enjoyed a presentation by Bob King, aka Astro Bob. Bob guided us through the summer sky, sharing tips and tricks on when, and how to identify planets and stars in the summer night sky. Be sure to check out Astro Bob's blog at <http://astrobob.areavoices.com/>.

If this all sounds like something you would like to be a part of in 2019, then **you must attend the annual North Shore Evening fundraiser at the Pillsbury A-Mill Artist Lofts on October 28**. This is the only way to reserve your seat. If you are lucky enough to snag one of the 30 spots available in 2019, you will be treated to a summer solstice Spanish style. The menu will include a variety of Spanish tapas. With the crowning jewel being a seafood paella cooked outside, served fresh and hot. *Skol!*



Volunteers make a difference!

By Tammy Smith, Sugarloaf Site Host and co-volunteer coordinator



This summer, Tammy set up special activity tables, such as this pollination table, to engage visitors while they were in the nature center.

We experienced a great 2018 summer at Sugarloaf Cove Nature Center. A huge thank you to all the volunteers who helped keep our Nature Center

opened for the entire summer. With the help of 32 volunteers and 664 hours of volunteer time, visitors who came to the Center were greeted with interest and enthusiasm. Through volunteer help, many visitors' questions were answered and assistance at display tables encouraged visitor contact with Site Hosts. Daily journal entries by volunteers included: weather forecasts, the number of daily visitors, the destination of visitors, questions of the day, home area of visitors, and unique events going on at Sugarloaf Cove. Volunteer help included greeting visitors, making sales, trail maintenance, building maintenance and other behind-the-scenes work. Sugarloaf Cove Nature Center is open weekends through October 20, and volunteers are still needed for weekdays during October. We love our volunteers!

*2018 Sugarloaf Cove
Open House
October 20th, 2018*

Join us for our annual Open House at the Sugarloaf Cove Nature Center and Sugarloaf Point Scientific and Natural Area

Schedule of Events:

- 10:00 am:**
Nature Center Opens
"A Look at Bird Banding"
Guided walk down to the Point
- 11:00 am:**
"North Shore Geology" Walk - Margie Menzies
- 12:00 pm:**
Keynote Speaker: AmberBeth VanNingen
"Scientific and Natural Areas: What, Where, and Why"
- 1:00 pm:**
"The Gales of Lake Superior" - Dr. Anna Hess
- 2:00 pm:**
"Plants and the North Shore Climate: Arctic Relics to Red Oaks"

Ongoing Activities:

- * Scavenger Hunt for the whole family
- * SNA (Scientific and Natural Areas) slide show
- * Water Table and other educational displays
- * "Two Truths and a Lie" SNA game
- * Self-guided Cove walks

MN Department of Natural Resources
Scientific and Natural Areas Program
www.mndnr.gov/snas/events
(218) 763-3962

Sugarloaf
THE NORTH SHORE FEDERAL CREDIT UNION

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Meet our newest Directors



Nancy Simpson

Nancy began her love affair with the North Shore back in 1980 when she and husband, John, moved to the Twin Cities from their birthplace of Chicago. Their first trip north of the Twin Cities

lead them to camp at Temperance River State Park. During that trip they fell in love with the North Shore and returned countless times with their growing family over the next thirty-plus years to enjoy camping, portaging the BWCA, hiking, skiing and snowshoeing. In 2016 they purchased a beautiful cabin in Schroeder and since then have split their time between their home in the Twin Cities and their cabin home in Schroeder.

Nancy is a mother of three and grandmother of twin toddlers. She worked as an IT project manager and IT developer at a St. Paul International Information Management company where she retired after 34 years. Along with enjoying her family, grandchildren and the North Shore, she volunteers at the International Institute of Minnesota and looks forward to volunteering at Sugarloaf Cove starting this coming Spring.

Nancy recalls, "In the fall of 2016 John and I discovered Sugarloaf Cove and were amazed at the beauty and power of this unique part of the shore. Not sure why it took us so long! And we were equally impressed with the Sugarloaf message of being 'dedicated to the preservation and restoration of Minnesota's North Shore of Lake Superior.' We immediately joined as members. Now every time guests visit our Schroeder cabin, a trip to Sugarloaf Cove is always on the agenda."



Ari and Susan Fuad

Ari Fuad has an undergraduate degree in Geology and an MBA. He is founder and president of Adeptyx Consulting (www.Adeptyx.com), an advisory service firm with 10+ employees that consults to large asset managers. In addition to his experience in the financing and running of a small business, Ari also has experience serving as board member and officer of a non-profit, LDA of Minnesota.

Ari has had a lifetime relationship with the North Shore, fostered by both his mother and grandparents who acquired property in Lutsen in the 1950s and spent significant time coming up throughout the years. Ari is interested in the rehabilitation and conservation of the North Shore biome and management of invasive species.

Susan Fuad worked as an immunologist for 15 years before leaving to be a full time mom. She has long been interested in flora and fauna and has an abiding interest in rehabilitation of shoreline and property both along the shore and inland from Lake Superior. Sue has experience as a former board member of The Next Step, a non-profit that helped the disadvantaged get onto more stable footing.

Susan completed the North Woods, Great Lakes Master Naturalist program several years ago and since then has volunteered a number of times at the nature center at Sugarloaf. Sue has been an avid birder for years and more recently has been studying bog ecology and flora.

Susan and Ari completed the Lost Forest class III class in 2015 and since then, they have planted several hundred trees on their North Shore properties including white and red pine, white cedar, and sugar maple. They split their time between a home in Eden Prairie and their Lake Superior home near Grand Marais. Together, they own about 140 acres of land on or near Lake Superior. They have been friends and contributors to Sugarloaf for more than 10 years.

North Shore Forest Stewardship Updates

Third year of low cost fencing program a resounding success



Thanks to the third year of funding from the Weekes Family Foundation, the North Shore Forest Collaborative, in partnership with Sugarloaf, was able to offer low cost fencing and posts to 115 North Shore landowners interested in planting and protecting conifer seedlings from deer.

Each year we ask the participants to complete a survey, which asks how many trees they planted and fenced, how many additional trees they planted, and any suggestions or comments they may have about the program. They also must send us photos of their plantings.

The survey results are in and are amazing. Participants planted and fenced over 3000 trees. Amazingly, over 15,000 *additional* trees were planted by the landowners, including 9200 by one participant alone! This program is truly making an impact on the health of the North Shore forest.

Comments from the participants include:

Thanks to the Weekes family for making the 6' fence available. That has dramatically improved the outcome of my pine planting activities.

I appreciate the support in protecting seedlings and reforestation. Since reforestation falls on the private landowner, and since it gets pricey quickly, I appreciate the help in making sure the North Shore will be beautiful for generations. Thank you!

Thank you SO MUCH to the Weekes Family Foundation for their support of this program! The funding enabled me to plant many more trees on my shoreline property than otherwise would have been possible, and I feel so good knowing that these trees will have the opportunity to survive and thrive, rather than being eaten by deer!.

I am very grateful. I likely wouldn't have planted this year without the cost share. My property experiences extreme deer browsing pressure and fencing is the only reliable way to ensure reforestation. My family and I thank you!

New this year...through the generosity of the donor, each participant will receive a sign, which they can post on their property declaring their participation as a North Shore Forest Restoration Partner. We will be distributing the signs throughout the fall and winter.

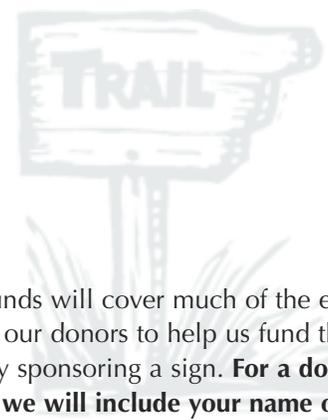
This program is a terrific example of the commitment of landowners and a generous family foundation to the restoration of the beautiful North Shore Forest. Thank you landowners and the Weekes Family Foundation.

Looking ahead to 2019

Coming Soon – Interpretive trail signs

Sugarloaf has received a grant from Arrowhead Electric Cooperative's Operation Round-Up to design and install interpretive panels along the nature trail at Sugarloaf Cove. These signs will replace paper trail guides currently in use. While the paper trail guides have worked well for us in the past, these new trail signs will allow for year-round interpretation of our trail and are a paper-free green alternative.

While the grant funds will cover much of the expense, we are looking to our donors to help us fund the remaining costs by sponsoring a sign. **For a donation of \$200 or more, we will include your name or the name of someone you would like to honor on one of the signs.** If you are interested in sponsoring a sign, please contact Molly Thompson at 218-525-0001 or molly@sugarloafnorthshore.org.



NSFC Applies for \$250,000 North Shore Forest Restoration Grant

Sugarloaf is the fiscal sponsor for a request for a multi-agency \$250,000 State Conservation Partners Legacy Grant (2019-2021 cycle) grant. The proposed project would include planting and protecting longer-lived tree species and removal of invasive plant species on a total of 200 acres of North Shore upland sites located within the Superior National Forest, State Wildlife Management Areas, Aquatic Management Areas, Gooseberry State Park and Sugarloaf Cove.

At Sugarloaf Cove, we would work on controlling invasive plants throughout the site with special emphasis on the parking lot area. There is a large infestation of reed canary grass that would be removed

and over 300 native plant seedlings would be planted. We would also continue managing the beautiful native planting in front of the building.

The Conservation Partners Legacy (CPL) Grant Program funds conservation projects that restore, enhance, or protect forests, wetlands, prairies, and habitat for fish, game, and wildlife in Minnesota. Funding for the CPL grant program is from the Outdoor Heritage Fund, created by the people of Minnesota.

Final word on the grant request will be announced on December 21, 2018.



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Sign up for our electronic updates and join our Facebook page via sugarloafnorthshore.org

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Annual memberships are tax deductible. Please make checks payable to Sugarloaf, and mail to the business office at 6008 London Road, Duluth, MN 55804. Memberships are also available through the website at www.sugarloafnorthshore.org. Sugarloaf is an educational, non-profit 501(c)(3) Minnesota Corporation.

membership

APPLICATION

Please enroll me as a member of Sugarloaf in the category I have indicated.

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MEMBERSHIP CATEGORIES

- \$ 30 White Spruce
- \$ 60 Balsam Fir
- \$ 120 Tamarack
- \$ 250 Red Pine
- \$ 500 White Cedar
- \$ 1000 White Pine
- \$ _____ Other

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