

## Rock Balancing Art



SUGARLOAF COVE  
Saturday, July 6, 2013 1-4pm

Join master Rock Balancer and photographer, Peter Juhl, in the marvelous process of Rock Balancing. You will be amazed as Peter arranges natural stones found on location, using only shape, weight, and friction to achieve a unique composition.

No glue, magnets, or other artificial supports are used. Peter will present the necessary physics and gravity information, and then take one and all to the Sugarloaf Cove beach for practical experience and hands-on assistance. A great program geared to children and adults alike!

Lemonade and cookies thereafter on the deck.

### Rock Balancing Master Class

SUGARLOAF COVE  
Sunday, July 7, 9-12, followed by BBQ lunch

Attend Peter Juhl's Saturday class to learn the basics of rock balancing, and then return on Sunday for a master class of 10, with individual attention from Peter. Includes coffee and pastries at 8:30 am and BBQ lunch at noon.

Registration is required. Visit [www.sugarloafnorthshore.org](http://www.sugarloafnorthshore.org) to register. \$50 per person or free with \$75 or more new membership to Sugarloaf.

### Mark Your Calendars



Annual Member Meeting  
and Ice Cream Social  
August 10, 2013, 1 pm

# MESSAGE FROM Greg Koschinska

BOARD PRESIDENT

## BOARD OF DIRECTORS

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## BUSINESS OFFICE:

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218-525-0001  
Email: [sugarloaf@boreal.org](mailto:sugarloaf@boreal.org)  
[www.sugarloafnorthshore.org](http://www.sugarloafnorthshore.org)

## SUGARLOAF COVE:

9096 Highway 61  
Schroeder, MN 55613  
(not a mailing address)  
218-663-7679

## MISSION STATEMENT

*Sugarloaf: The North Shore Stewardship Association strives to inspire the preservation and restoration of the North Shore's unique environment through education and exemplary stewardship, especially at Sugarloaf Cove.*

## NEW VISION

*Sugarloaf values and believes in a healthy Minnesota North Shore of Lake Superior where an informed citizenry takes personal and group responsibility to ensure that natural and ecological systems and human economic and social systems coexist in a fashion sustainable into the future.*

As the summer season at the Cove “kicks off”, I thought I would take this opportunity to bring you up to date on several things that are going on and planned for Sugarloaf:

Last fall at our November Board of Directors meeting, we engaged Bill Hansen of Sawbill Canoe Outfitters to lead a Strategic Planning discussion for the Board. We had great Board attendance and had a good discussion of the all the good that has happened with Sugarloaf over the past 20 years as well as some of the challenges facing the organization. Out of that has come a revision to the organization’s strategic plan, which will provide us direction and impetus to move forward with a well thought out plan for the future. If anyone is interested in seeing the entire plan you are most welcome—just let Molly know.

As many of you have observed as you visit the Cove location, the parking lot and entry area does not provide a particularly inviting and workable scenario. Several months ago, we received a Lake Superior Coastal Program grant to engage a professional to do a review and site plan for this area. We have received several very interesting alternatives out of that work

and the Building and Lands Committee of the Board, led by Mark Magney, is working to identify the most workable plan to solve our needs.

The Summer Season of programs will be kicking off soon and we are fortunate to have Margie Menzies back as our on-site host again this year. Margie and Molly are developing an interesting list of programs that cover many interests.

The Membership Committee, led by Mike Monten, is working on a visitor survey and a number of other matters related to building our membership base, meeting the needs of our members, re-engaging former members, etc. We have found that it seems our members “love” us; we want to expand that base of satisfied folks.

So, all in all, lots of great things happening. There are many more details included in this newsletter. We are hoping to expand our connection to many of the other nonprofits in Cook and Lake Counties, and continue to fulfill our mission to Preserve and Restore the North Shore!

*Hope to See You At The Cove!*

## The Board of Directors of Sugarloaf: The North Shore Stewardship Association extends warm and sincere thanks to John Paulson

for his time, dedication, and expertise as a board member and his contributions to various projects and committees. John’s contributions include assisting with acquiring a bridge for the trail leading to the nature center, advocating for grant money to carry out Sugarloaf’s mission, serving on the Building and Lands committee, and

assisting with the parking lot project. John represents what it takes to continue strengthening Sugarloaf programming, developing new and innovative projects, and serving us as an active Sugarloaf member.

THANK YOU, John, for helping to make our mission a reality. We wish you well and will always appreciate your contributions to Sugarloaf: The North Shore Stewardship Association.

# Sugarloaf Forest Stewardship Updates

## Free Invasive Plant Removal Service

Do you have thistle, tansy or other invasive plants you would like removed from your woods? During the weeks of August 5 and 12, 2013 Minnesota Conservations Corps crews will be available to pull invasive plants from your woods for 1/2 to a full day. This service is offered at no cost to you, with funding from the National Fish and Wildlife Foundation.

Contact [sugarloaf@boreal.org](mailto:sugarloaf@boreal.org) or phone 218-525-0001 to reserve your day. Space is limited.



## Tree planting and invasive plant control workshops - gain access to forest restoration equipment

This summer, Sugarloaf and University of Minnesota Extension will be offering five free tree planting and invasive plant control workshops at locations along the North Shore. You will learn the proper way to plant and care for tree seedlings. You will also learn how to select and apply herbicides safely and effectively. After attending a workshop, you will be able to borrow planting and herbicide application equipment from Sugarloaf's new community shed. Free and made possible with funding from the National Fish and Wildlife Foundation. Watch our website for more information or sign up for email updates by emailing [sugarloaf@boreal.org](mailto:sugarloaf@boreal.org).

## Receive a plan for your forest

Are you a landowner with Forestland? Are you looking for assistance with forest management? The United States Department of Agriculture - Natural Resources Conservation Service (USDA-NRCS) might be able to help you defray the expense of a Forest Management Plan. The plan would be written by a professional forester who is a Technical Service Provider for the NRCS, and would be specific to your site. Call the NRCS field office in Duluth at 218.720.5209 ext. 3 with questions and to establish eligibility. This program is in cooperation with Sugarloaf and a grant from the National Fish and Wildlife Foundation.

## Resources

The following resources are available at [www.sugarloafnorthshore.org](http://www.sugarloafnorthshore.org):

- three videos about North Shore tree identification, tree planting, and a brief history of the North Shore forest.
- the publication *Restoring Lake Superior's Coastal Forest - A primer for landowners and managers*.

## Updates

Sugarloaf is an active member of the Cook County Invasive Team (CCIT) and the North Shore Forest Collaborative (NSFC). The CCIT coordinator position has been a Sugarloaf employee, Michael Lynch. This



spring, Mike moved on to a new job with the Minnesota Forest Resources Council. We will certainly miss him. To fill his big shoes, we have hired Angelique Edgerton. Angelique recently received her MS from UMD. Last year she spoke at the Cove about her research on arctic plant communities along the North Shore. Angelique will

be Cook County's go to person for invasive plant information and control.

In 2012, Sugarloaf received a grant from the Lloyd K. Johnson Foundation to fund a coordinator for the NSFC. Cheryl Erickson did a terrific job but decided



not to continue in the position when funding was received again in 2013. To fill her shoes, we have hired Julie O'Leary. Julie has many years of experience coordinating nonprofit groups. Her background includes working for Minnesota Environmental Partnership (Andrew Slade's current employer) and the Western Lake Superior

Sanitary District. Her enthusiasm and knowledge are a great addition to the Collaborative.

## Association Members

*Names listed are for new and renewing memberships received between January 2012 and December 2012.*

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---

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Minnesota's Lake Superior Coastal  
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 MN DNR – Scientific and Natural  
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 by Dave Sommers  
 In memory of My father, George  
 Fredricksen by Beverly West  
 In memory of Lucy Detrick  
 by White Pine North

Continued on page 6

## 2012 Statement of Financial Position

#### ASSETS

##### Current Assets

Checking/Savings	
Business Checking - US Bank	31,755
Sales bag	20
Petty cash bag	5
Endowment (Schwab)	20,070
Savings — US Bank	25,885
Total Checking/Savings	79,735

Accounts Receivable	
CCIT	1,227
Grants Receivable	4,383
Total Accounts Receivable	5,610

Total Current Assets 85,344

##### Fixed Assets

Accumulated depreciation	-59,092
Building and improvements	183,180
Equipment	245
Land	570,989
Total Fixed Assets	695,322

Total Assets 780,667

#### LIABILITIES & EQUITY

##### Liabilities

Current Liabilities	
Accounts Payable	
Accounts Payable	2,643
Total Accounts Payable	2,643
Other Current Liabilities	
Deferred revenue	14,000
Total Other Current Liabilities	14,000
Total Current Liabilities	16,643

Total Liabilities 16,643

##### Equity

Unrestricted Net Assets	1,977
Unrealized Gain (Loss)	8,107
Unrestricted Fund Balance	741,850
Net Income	12,090
Total Equity	764,024

Total Liabilities & Equity 780,667

## 2012 Statement of Activities

(Jan-Dec)

#### Ordinary Revenue/Expense

##### Revenue

Contributions Income	28,416
Grants	134,000
Interest earned	20
Membership Dues	24,635
Miscellaneous Income	543
Program Fees	330
Sales	249
Total Revenue	188,192

##### Expenses

Advertising	175
Bank Service Charges	269
Contract Labor	57,245
Depreciation Expense	4,697
Dues and Subscriptions	210
Fundraising	130
Insurance	2,976
Internet expenses	427
Miscellaneous	75
Office Supplies	456
Payroll Expenses	86,174
Postage and Delivery	1,069
Printing and Reproduction	3,385
Program Expense	1,427
Rent	2,750
Telephone	1,018
Training	75
Travel & Ent	6,213
Visitor Center Costs	7,288
Total Expenses	176,102

Net Ordinary Revenue 12,090

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 218-663-0111

Thank you to Tom and Kay Becken for the generous purchase of tables and chairs for Sugarloaf Cove.

Thank you to Julie Brunner and Dale Ulrich for office supplies.

***A special thank you to all of our volunteers. We really appreciate your donation of time and talents. You are a vital part of Sugarloaf: The North Shore Stewardship Association.***



**NEW! Geocache trail at Sugarloaf Cove**

Geocaching is an international activity pursued by thousands around the world. Currently 2,079,551 geocaches exist in all continents and even under oceans and lakes. Essentially a geocache is a container holding various items, the most important of which is a logbook. Once a geocache is placed, its GPS coordinates are submitted to Groundspeak Inc, which in turn publishes them on their website (<http://www.geocaching.com>). With this information in hand, geocachers then attempt to locate the geocache and once found, record their names in the logbook.

Over two hundred geocaches currently exist along the shore between Duluth and Grand Marais.

However, none are in the immediate vicinity of Sugarloaf. Thanks to board member Steve Hedman, a series of geocaches are not located at Sugarloaf Cove. The first cache is adjacent to the parking area and once this is found, coordinates are given for the next geocache. This second geocache will provide the coordinates for the third cache and so on. To locate all the caches will take approximately one hour and will take a person around much of the interpretative trail. In all, there are seven geocaches. The setting up of these caches provides a powerful means by which to acquaint a large number of new visitors with Sugarloaf Cove. Go to **[www.geocaching.com](http://www.geocaching.com)** and search for Sugarloaf Cove to get started.

# Sugarloaf Cove Updates

## Red Pine Plantation Thinning

Throughout the winter, Conservation Corps of Minnesota crews were onsite selectively cutting trees out of the red pine plantations. They spent many hours cutting the trees and burning the slash. Currently we are working to move the logs to the parking lot and have them picked up by Hedstrom Lumber for transport to Grand Marais. A big thank you to the crews and to Jan Bernu, our forester, for all of their hard work. The forests at Sugarloaf Cove will now be healthier and more resilient thanks to them. The State of Minnesota and the Lessard-Sams Outdoor Heritage Council sponsored part of the project with funding from a Conservation Partners Legacy grant.



***On May 4, 2013, Sugarloaf was pleased to graduate 20 new Master Naturalists. What is a Master Naturalist? Mary Lou Donovan, a recent graduate, will explain....***

## Notes from a new Master Naturalist

*By Mary Lou Donovan*

Explore! Teach! Conserve! Those are the words shared with twenty-two inquisitive souls who braved weekend weather challenges to take part in the Minnesota Master Naturalist Program, a 40-hour course that met every other Saturday from February 23 to May 4 at Sugarloaf Cove. The Master Naturalist course, aptly taught by Margie Menzies, offers people an opportunity to learn about the natural world and Sugarloaf Cove is a terrific setting in which to do that. The Master Naturalist Programs are organized through joint efforts from the University of Minnesota Extension and Minnesota Department of Natural Resources and are aimed at educating people interested in the outdoors to become citizen conservation leaders or "volunteers for nature" within their own communities. Despite snowy conditions every time the course met, participants came from the Twin Cities, Duluth, Two Harbors, 'up the shore' and the

Gunflint Trail. Our backgrounds were diverse, as some are retired or employed as teachers, lawyers, a veterinarian, photographer, woodworker, biologist, hunter/gatherer, librarian, real estate agent, aerobics instructor- and a few more I probably missed.

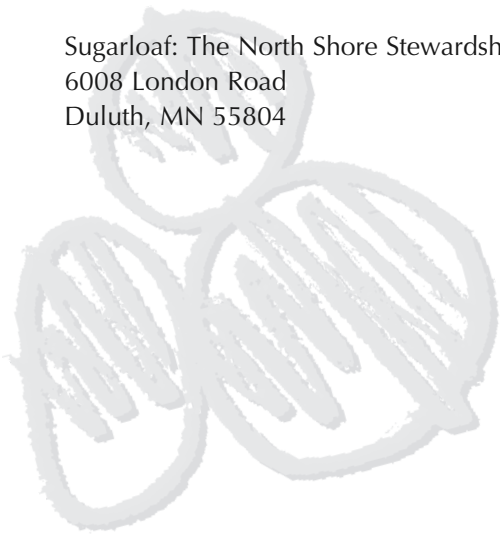


Over the course of the six sessions we learned about phenology- or the study of the timing of life cycle events of plants and animals - geology and land formation from glacial changes, plants, rocks, trees, mammals, rocks, lichens, birds, rocks, (Margie likes rocks)... ecology, interpretation skills, rocks, weather, and identification of animal tracks. Did I mention rocks? In addition to Margie sharing her broad and deep font of outdoors knowledge we also heard from area experts, which made listening and learning even more fun.

At the final session, participants shared projects they had completed, or will complete as part of our efforts to fulfill the course objectives to explore, teach, and conserve. These projects were so impressive and ranged from creating brochures or posters for education, improving signage for trails, translating or recording old stories or artifacts into current technology forms, identifying and removing invasive species, enhancing butterfly gardens, educating on the sugar bush process, building and installing bat houses. One participant displayed a clever bat costume she created for educational programs!

While we were awarded our graduation certificates, pins and volunteer nametags on the last day (many of us thought we should be given "Mukluk pins" for surviving the weather each week!) all of us committed ourselves to even more learning and sharing in the future. If you have the chance to take part in a Minnesota Master Naturalist course don't hesitate - you'll have fun, meet lots of great new people, and learn lots- sometimes about rocks! Thanks Sugarloaf Cove, for being such good hosts for our learning.

Sugarloaf: The North Shore Stewardship Association  
 6008 London Road  
 Duluth, MN 55804



upcoming events

- June 9, 16** Bird banding at Sugarloaf Cove, 7 am - noon
- June 14** Guided walk at Spring Beauty SNA
- June 15** Estuaries – what are they and why are they important
- June 21** Guided walk at Iona’s Beach SNA
- June 22** Meet a DNR wildlife biologist
- June 29 & 30** Pine needle basketry – \$55, preregistration required
- July 6 & 7** Discover the Art of Rock Balancing – Family Day and workshop
- July 13** Controlling invasive plants the safe and effective way
- July 20** Lake Superior Fish Identification
- August 3** Geology of the North Shore with John Green
- August 10** Annual member meeting and Ice Cream Social, 1 pm
- August 31** Climate Change and the North Shore

SUMMER PROGRAMS BEGINNING JUNE 20

- Thursdays** Bird Banding Demonstration, 7 am - noon
- Fridays** Explore the North Shore, 10 am
- Saturdays** Guest speaker, 10 am unless otherwise noted
- Sundays** North Shore Geology, 10 am

Watch our website or join our email list (via website) for dates and times of our upcoming summer programs. [www.sugarloafnorthshore.org](http://www.sugarloafnorthshore.org)

*The Sugarloaf Interpreter is published by Sugarloaf: The North Shore Stewardship Association. Single copies available on request or online at [www.sugarloafnorthshore.org](http://www.sugarloafnorthshore.org). Submissions welcome. Send to [molly@sugarloafnorthshore.org](mailto:molly@sugarloafnorthshore.org). Designer: Wendy Strombeck.*

*Annual memberships are tax deductible. Please make checks payable to Sugarloaf, and mail to the business office at 6008 London Road, Duluth, MN 55804. Memberships are also available through the website at [www.sugarloafnorthshore.org](http://www.sugarloafnorthshore.org). Sugarloaf is an educational, non-profit 501(c)(3) Minnesota Corporation.*

membership APPLICATION

Please enroll me as a member of Sugarloaf in the category I have indicated.

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